



**Triple P International
Recruiting Canada-based
Training Consultant**

Triple P International (TPI), the organization responsible for the dissemination of the Triple P-Positive Parenting Program is seeking genuine expressions of interest from professionals and bilingual professional with expertise in clinical or educational psychology to become part of their team of International Triple P Training Consultants. Recruitment is currently taking place as TPI is looking for a Canada-based Trainer to assume the role of a Training Consultant for Canadian sites training in Triple P. Successful applicants will be supported through a supervised Triple P Trainer Program facilitated by Professor Matt Sanders. Training will likely take place in California sometime in February 2011 and involves the delivery of one to five day active skills training programs with follow-up accreditation. It also involves providing technical assistance and consultative support to organizations adopting Triple P.

Cont'd on pg. 2



**TRIPLE P
POSITIVE PARENTING PROGRAM**

Vancouver Island Triple P Newsletter
Issue 7 Winter 2010

LOOKING BACK AT 2010

As we wrap up another year, I would like to say thank you again to all Triple P practitioners and the managers and organizations that encourage their efforts at supporting Vancouver Island's families. We've had a good Triple P year with training and accrediting 43 new Triple practitioners and we've seen an ongoing commitment by Triple P practitioners who continue to offer Triple P Seminars, Groups and individual services in their respective communities. I would like to wish everyone a happy and healthy holiday season and I look forward to continuing our work together in 2011.

Cindy Knott
Vancouver Island Triple P Coordinator



Triple P Training A Success

On November 18, 2010 Vancouver Island completed its most recent round of Triple P training with the last of eight small-group accreditation sessions. We are happy to report that of the 43 participants that went through the September 2010 training, all successfully completed accreditation; a 100 percent success rate!! The hard work and dedication of participants paid off. Here's a look at what the training involved:

Training:

The Group Triple P Provider Training Course skills practitioners to deliver a broad focused parenting initiative in a group format. On completion of this program, participants have gained knowledge and skills in the following areas:

- Application of key parenting strategies to a broad range of target behaviours
- Strategies for promoting generalization and maintenance of behaviour change
- Use of active skills training strategies in a group format
- Group dynamics and common process issues

Cont'd on pg. 2



Cont'd from pg. 1 Becoming and Accredited Triple P Trainer

Assignments would be determined by TPI and negotiated depending upon the trainer's availability and work flexibility. Qualifications and experience are as follows:

- Post-graduate degree in psychology (Masters, PhD) preferably clinical or education (or related field)
- Clinical experience working with children and families
- Experience in group facilitation and/or teaching\ knowledge and understanding of the following areas:

- ⇒ Clinical and educational psychology
- ⇒ Family intervention
- ⇒ Cognitive behavioural therapy
- ⇒ Child and adolescent development
- ⇒ Child and adolescent assessment and intervention
- ⇒ Child and adolescent psychopathology
- ⇒ Effective teaching
- ⇒ Promotion and marketing

Cont'd on pg. 3



Cont'd from pg. 1 Triple P Training a Success

- Telephone support consultations with parents
- Identification of indicators suggesting more intervention is required
- Appropriate referral procedures

Tamara Callaghan, the trainer for the course, came from Triple P International in Brisbane, Australia. Training wrapped up on September 20, 2010 and participants had the next several weeks to prepare for the accreditation process which began on November 15, 2010.



Accreditation:

Accreditation is an essential part of training to become an accredited Triple P Provider. One key element is a written multiple-choice quiz designed to determine a practitioner's knowledge of important aspects of the relevant Triple P program. The second key element is the demonstration of core Triple P parent consultation competencies. Accreditation was conducted in small groups also creating an opportunity to simulate scenarios where a practitioner may be delivering Triple P to members of a single family or to a group of parents/carers. Margaret Weston, Triple P Training Consultant for Triple P International, came from Auckland New Zealand to facilitate the accreditation sessions.



Practitioners trained and accredited in this latest round of Triple P training came from the following organizations and communities:

North and Central Island: Family Place, VIHA Port Hardy; PHNs, VIHA Campbell River; Campbell River Family Services; Comox Valley Boys and Girls Club, Courtenay; Comox Valley Transition Society, Courtenay; Salvation Army Parent Child Centre, Courtenay; PHN VIHA Courtenay; West Coast Community Resources Society, Ucluelet; Boys and Girls Club of Central Vancouver Island, Nanaimo; Ladysmith Resources Centre Association, Ladysmith; Chemainus Community Schools Association, Chemainus; Cowichan Family Life, Duncan; and PHN VIHA, Duncan.

Cont'd on pg. 3



Cont'd from pg. 2 Triple P Training a Success

Cont'd from pg. 2 Becoming an Accredited Triple P Trainer

Familiarity and experience with Triple P, particularly being an Accredited Triple P Provider, is preferable although not essential.

A number of Essential attributes of Triple P Training Consultants are also listed. Should you be interested in obtaining the full information sheet on becoming an Accredited Triple P Trainer, please contact

cindy.knott@viha.ca

Or

(250)519-6780



South Island: Saanich Neighbourhood Place; Blanshard Community Centre; Phoenix Human Services; Pacific Centre Family Services Association; Esquimalt Neighbourhood House; Capital Families; Esquimalt Military Family Resource Centre; Sooke Family Resource Society; MCFD, Child and Youth Mental Health; Salt Spring Island Community Services; Beacon Community Services, and Burnside Gorge Community Centre.

Here's what participants had to say about their training experience:



"I did experience a positive supportive learning experience while preparing and executing the Triple P parenting accreditation practice exam. I was one of the fortunate ones to have been able to apply my knowledge gained from the training sessions soon afterwards in a co- Facilitated Triple P parenting program. My mentor, Patti Curtis, an experienced group facilitator, helped guide me in the process of adapting the learning to a real life experience of the group Triple P program. Both the knowledge and experience gained, prepared me well for the examination. I appreciated the way the examiner patiently guided people through the process and created a very safe environment for learning as a group when doing our role plays. Overall, my experience of Triple P has been very positive."

Shirley Kirk, VIHA, Courtenay

"Thank-you for the opportunity to participate in the Triple P facilitator training. The whole experience was extremely positive, exceeding my expectations. Not only was the material very valuable, but both facilitators were exceptional in presentation and excellent examples of facilitation in action, creating a further learning opportunity. It was for me, a perfect balance of experiential (role play), practical and theory training. I also felt completely supported and encouraged by everyone involved! Looking forward to my first session this January! "

Melanie Rockwell
Comox Valley Boys
and Girls Club



Ministry of
Children and Family
Development



Triple P Community Contact Update

The following is an updated list of contacts for Triple P in your community:

Port Hardy/Port McNeil:

Pam Rardon, VIHA-
pam.rardon@viha.ca

Angelika Starr
Quatsino First Nation,
astarr@quatsinofn.ca

Campbell River

Laurie Overton, CRFS
laurie.overton@crfs.ca

Comox Valley

Patti Curtis, Comox Valley
Transition Society
cvts-cwwa2@shaw.ca

Parksville/Qualicum

Deb Baumann, VIHA
deb.baumann@viha.ca

Port Alberni

Craig Summers, VIHA
craig.summers@viha.ca

Nanaimo

Cheryl Streifel, VIHA/MCFD
Cheryl.streifel@viha.ca

West Coast

Sarah Hogan, WCCRC
shogan@ukeecable.net

Cowichan Valley

Bonnie Potter, VIHA
bonnie.potter@viha.ca

South Island/Vancouver Island Coordinator

Cindy Knott, VIHA
cindy.knott@viha.ca



What Families are Saying About Triple P

- I would like to leave you with the following quotes from parents and carers who have been the recipients of Triple P services:
- ◇ "It was a very good course, gave me a different way of thinking and some new strategies."
 - ◇ "Our son is wonderful and we hope these skills will help us to keep him that way for a long while to come."
 - ◇ "I will recommend it to anyone who is frustrated with their relationship with a child."
 - ◇ "It has been great and helped a lot with my behavior and my daughter's relationship."
 - ◇ "It is a wonderful way to get to the heart of matters and develop a formula to engage all family members to work together for common goals."
 - ◇ "I would definitely recommend it to others (and have!). Friends have noticed the improvement in my daughter's behavior and want to know my secret!"
 - ◇ "The concepts are so simple and obvious you wonder why you didn't do it before. My confidence as a parent has increased and we are all so much happier."
 - ◇ "It was very empowering and made me reflect on my parenting and my child's behavior."
 - ◇ "I enjoyed the way this program is run. I would definitely recommend it to any of my friends/family who want to get a better look at being positive toward their kids."
 - ◇ "This was very helpful with my parenting abilities."
 - ◇ "The program was great at adjusting to what I needed during the changes that occurred in my home."
 - ◇ "Thanks for changing our lives for the better."
 - ◇ "It was a great program. Helped me to understand more things about my child's behaviour and parenting issues. Thanks a lot."
 - ◇ "Great program. It helped me see things and learn more patience. Thank you."
 - ◇ "Excellent facilitators and good group discussion. I got the most out of this. Thank you."
 - ◇ "Excellent facilitators throughout. Your enthusiasm and passion is evident and lends to the overall effectiveness of the program."