

TRIPLE P POSITIVE PARENTING PROGRAM

WHAT'S NEW SUMMER 2019



CAN WE ENGAGE AND KEEP VULNERABLE, AT-RISK PARENTS DOING TRIPLE P?

“The Great temptation is to assume that you have to get everything sorted before engaging in Triple P...but engaging in Positive Parenting may be one of the few things that can affect positive change in the quality of their day-to-day life.”

Prof. Matt Sanders

https://www.triplep-parenting.net/provider/glo-en/watch-our-videos/q-and-a-with-professor-matt-sanders/?video_id=585

THE NEW EVERY PARENT'S SURVIVAL GUIDE HAS ARRIVED

As a Triple P provider, you know that helping parents to fully understand and embrace key ideas and strategies is the best way to help them make positive and lasting changes.

Because video can be such a powerful tool to enhance learning, the new Every Parent's Survival Guide is the result of extensive consultation with organisations, providers and parents. This resource was developed to better help explain Triple P principles. The new Every Parent's Survival Guide video has taken two years to put together, and features:

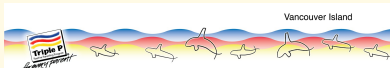
- More information on emotional self-regulation, corresponding to current research and practice
- More culturally diverse families, from a variety of locations around the world
- Examples of dealing with today's pressing issues such as screen time and social media
- Instantly available (digital download) for use without a DVD player
- Professional quality video, graphics and a more advanced menu system

<https://www.triplep-parenting.net/provider/glo-en/home/>



Triple P with Newcomer Families

Long-time committed Island Health accredited Triple P practitioner, Parent Child Services Supervisor and Triple P Community Coordinator, Cheryl Streifel and accredited Triple P practitioner Ghadir Kishawi, a translator and interpreter for the Arabic speaking community in Nanaimo and volunteer with the Central Vancouver Island Society and other non-profit organizations in Nanaimo, are offering Triple P 'topics' to Syrian refugee families in the Nanaimo area. Cheryl and Ghadir are using Triple P tip sheets and providing the materials in English but delivering in Arabic. They have introduced Triple P using single topics as below. If you would like more information on this initiative, please contact me and I will connect you with Cheryl and Ghadir.



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